

I AM

(Name)

&

I AM ONE



10,000 *D*egrees®

# EXTRACURRICULAR ACTIVITY LOG

San Rafael High School  
2016-2017



# EXTRACURRICULAR

Extracurricular activities can show a college that you are a well-rounded student. Admission representatives want to see what you are

doing in your free time. Wondering what activities to list?

**Babysitting, sports, volunteering, part-time jobs, clubs, and leadership experience** are all great examples.

DATE	DESCRIPTION	HOURS
9/19/15	Yearbook Club Car Wash (Volunteer)	6
9/22/15	Piano practice (x1/wk)	1.5
9/23/15	Basketball practice (x4/wk)	1.5x4 = 6
9/27/15	Church Service (Volunteer)	2
10/3/15	Saturday Work Shift @ YMCA	8

# ACTIVITY LOG

DATE

DESCRIPTION

HOURS

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