

I AM

(Name)

&

I AM ONE



10,000 *Degrees*[®]

PERSONAL STATEMENT

San Rafael High School
2016-2017



Prompts

UC Prompts: (1,000 word limit - combined)*

1. Describe the world you come from - for example, your family, community or school - and tell us how your world has shaped your dreams and aspirations.
2. Tell us about a personal quality, talent, accomplishment, contribution or experience that is important to you. What about this quality or accomplishment makes you proud and how does it relate to the person you are?

**You have 1,000 words to address both prompts separately. For example, you could write both essays with 500 words each, or 250 on one and 750 for the other.*

10,000 Degrees Scholarship Prompt: (1,000 word limit)

Please provide an autobiographical statement that (i) addresses your motivation to go to college, and (ii) a situation in your life when your determination and/or perseverance have helped you achieve a goal. You must address both parts of the prompt

Basic Tips

1. Do **not** wait until the last minute to write your statement or try to write it all in one session. Realize that it may be an emotionally exhausting process so plan on **taking breaks between drafts**.
2. Start strong! Focus on your **intro** and make sure it's captivating so that it draws the reader in.
3. Utilize **powerful verbs**. They can make a huge difference without negatively affecting your word count.
4. Don't underestimate **the power of the personal statement**. This is perhaps the most **humanizing** part of the application and your chance to show admissions who you are beyond a GPA and score.



PORTFOLIO

Review the components of the portfolio found on **page 3**. Check off any progress that you have made. **What are you missing?** (Write Below)

Now, pick one piece that you're missing that you will prioritize:

Write down 3 steps that you will take to complete your next piece:

- 1 _____
- 2 _____
- 3 _____



Remember, your goal is to have your portfolio complete and in your hand by the end of your Junior year. We promise this will help you so much when you start applying to college as a Senior!

Have you thought of your summer plans yet? This is a perfect example of how your portfolio can come in handy. Whether you're looking for a job, internship, or summer program, your resume will come in handy! Just make sure to update it at the end of summer with your new activities so that you don't forget them later!

Your mentor can be a great resource to help with your portfolio. (See next page).